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Pedaling to make a difference.

Cross country bicycle rides for multiple sclerosis
research and awareness.

Send notes or packages to cyclists while they're on the road!

Be sure to mail the package only through the [United States Postal Service](#), it must arrive prior to the dates below, and you need to address the package exactly as follows:

Bike the US for MS

Attn : (Cyclist's name) arriving (Date of arrival below)

GENERAL DELIVERY (all uppercase)

City, ST Zip-9999

Also please note somewhere on the front of the package - "*Hold for cross-country cyclist arriving on (date of arrival below)*"

For the Atlantic Coast Route from St. Augustine, FL to Bar Harbor, ME we will be organizing mail pickups in the towns/dates below.

May 3: Ocracoke, NC 27960-9999
May 16: Frenchtown, NJ 08825-9999

For the Northern Tier Route from Bar Harbor, ME to Seattle, WA we will be organizing mail pickups in the towns/dates below.

June 7: Sodus Point, NY 14555-9999
June 21: Henry, IL 61537-9999
July 6: Kathryn, ND 58049-9999
July 12: Glendive, MT 59330-9999
July 24: Libby, MT 59923-9999

For the TransAmerica Route from Yorktown, VA to San Francisco, CA we will be organizing mail pickups in the the towns/dates below.

June 11: Hindman, KY 41822-9999
June 20: Carbondale, IL 62901-9999
July 3: Tribune, KS 67879-9999

